

London Olympians Speakers' Club

The friendliest speakers club in London!



Guest Pack

Welcome to our meeting!

This document includes:

- An introduction to Toastmasters**– what are the benefits of joining?
- Our club activities** - what activities does the club organize?
- Today's meeting** - who's who and what's what?
- Becoming a member** - how do I join?

London Olympians meets every 1st, 3rd and 5th Thursday of the month from 7 pm-9:30 pm at the Rydges Kensington Plaza Hotel.

Visitors are welcome to attend our club meetings as many times as they would like before deciding whether or not to join. Please fill in the visitor's book at the entrance.

Contacts

Please feel free contact any of the people below to learn more about London Olympians or Toastmasters, or Toastmasters in general.

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VP Mentoring	Catherine Chadwick	cathchadwick@yahoo.co.uk
VP Membership/Treasurer (Immediate past president)	Gary Edwards	gary@gary-edwards.net
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An Introduction to Toastmasters

Toastmasters' membership provides the following benefits:

- A unique means of learning and improving your communication skills within an atmosphere of friendship and fun with your fellow Toastmaster Club members.
- Unlimited opportunities for personal and occupational advancement based on improved abilities and expanded experience.
- Experience in leadership development through training and club involvement.
- Professionally prepared educational materials and resources on speaking, listening, discussion, parliamentary procedure, audio-visual techniques and conference and meeting procedures.
- The Toastmaster magazine – every month The Toastmaster provides new insights on communication techniques, ideas, and opinions from members around the world.
- Continuing practice and exposure to sound communication techniques.
- Increased confidence, ability to organise logical thought and present it self-assuredly, and a better understanding of human relations.
- Affiliation with an internationally renowned educational organisation.

Further information can be found at www.londonolympians.org.uk

Our Club Activities

London Olympians members participate in activities including:

- Club meetings at least twice a month. Each member is allocated a role within a meeting. These roles include presenting a speech from a manual, running an individual session, evaluating other speakers, or sometimes running the whole meeting.
- Inter-club visits to discover how other clubs operate.
- Contests – These include Prepared Speech, Humorous Speech, Impromptu Speech, and Speech Evaluation. Winners of club contests have the opportunity to represent the club at Area level, and can potentially go on to Division (all London Clubs level), District (UK and Ireland), or in the Prepared Speech contest, international levels.
- Presenting educational programmes from the Toastmasters International Success/Leadership modules. These include Meeting Procedure, Effective Listening, Build Your Thinking Power, How to Conduct Productive Meetings, and Leadership.
- Conferences – local, regional, and national. Members from clubs all over the country meet for social events, competitions, educational seminars, and meetings.
- Training Sessions – club office holders can learn and teach others about their roles.

The list goes on and on....

Every member can be involved in as much or as little as they desire.

The idea is to take it step by step at your own pace.

Today's Meeting

The programme and its participant can include the following...

- **Sergeant at Arms** – the floor manager, sets up the room and opens the meeting.
- **Toastmaster** – Plans, produces and presents the programme of events for the meeting.
- **Speakers** – Present a speech assignment prepared with the help of their Toastmaster manuals. This can be on any subject they choose.
- **Evaluators** – Give feedback to the other presenters in the form of constructive comments, praise and suggestions.
- **Table Topics Master** – Organises a session of short, impromptu presentations in which all attendees may participate.
- **Educational Speaker** – Gives a presentation on a subject relevant to the aims of the Toastmasters club.
- **Timekeeper** – Keeps track of all participants' times, warning each person, with the use of coloured lights, when their time is almost up.
- **Warm-Up/Harkmaster** - Gets everyone at the meeting to introduce themselves and test everyone's listening skills at the end of the meeting with chocolate being given as a reward for those keen listeners.
- **Other Participants** – The Toastmaster can arrange the programme any way they choose. It may include games, reading, jokes or other material of the Toastmaster's choice.

Becoming a member

How do I join? Easy –

- We strongly recommend that people do attend two or three meetings to observe proceedings and get the full flavour of what we do before signing up and to visit other clubs in the area (for more information on these visit www.thelondonspeaker.com) before joining.
- Should you wish to join our club, we would be delighted to have you as a member. Please ask a committee member for your membership application form.
- You will be presented with a new member's pack that includes information about the club and your first ten speeches.

Total amount payable on joining (including a one time Joining Fee)

A table showing the full initial payment required from new members is shown below. The payments are shown by month for quick reference.

Joining Month	New Member Fee	Membership Subscription	Total
January			
February			
March			
April			
May			
June			
July			
August			
September			
October			
November			
December			